

# GOAL SETTING SESSION *Workbook*

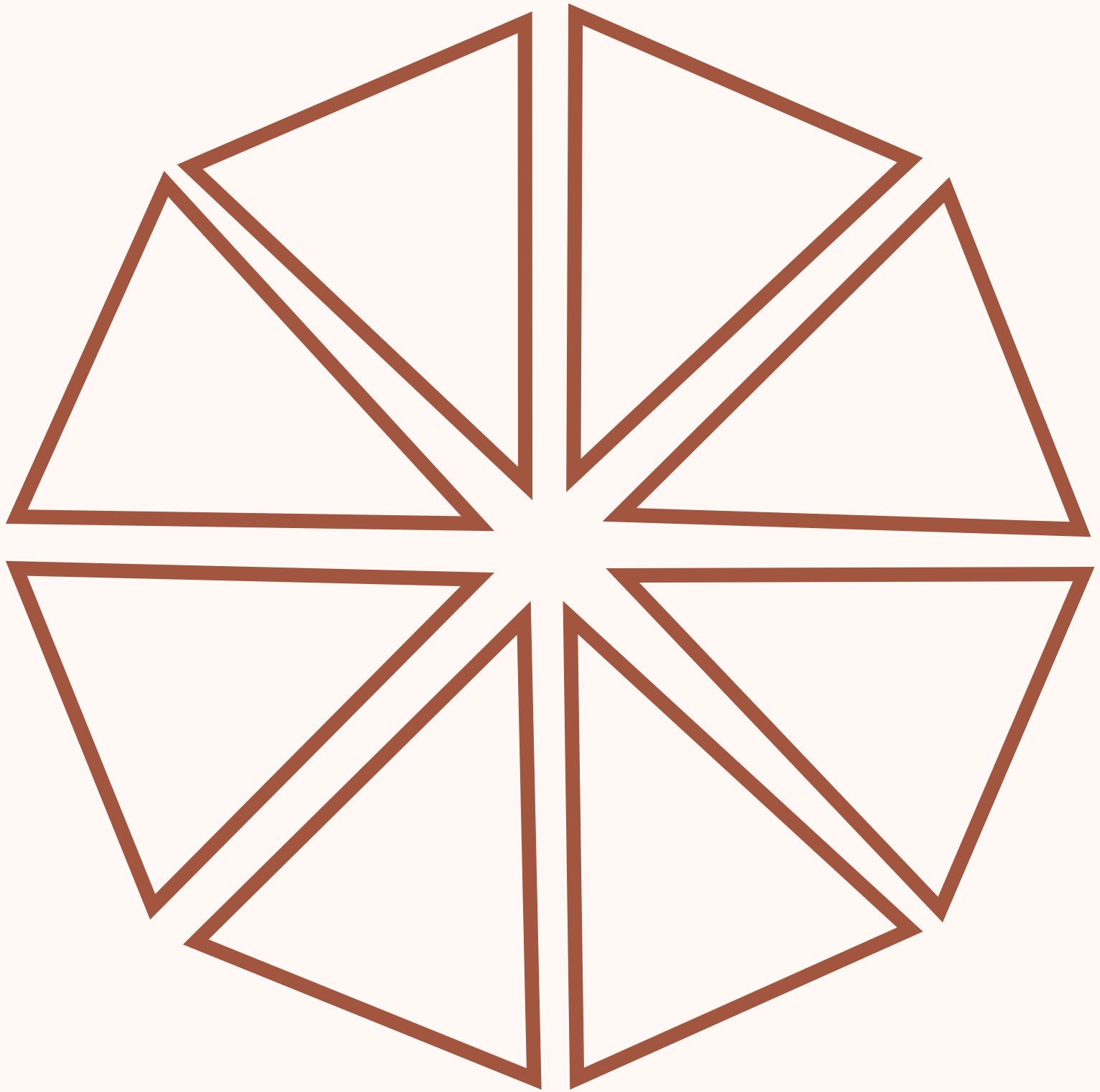


EASY PARENTING HUB  
RIDDHI DEORAH



**RIDDHI DEORAH**  
**EASY PARENTING HUB**

# GOAL WHEEL

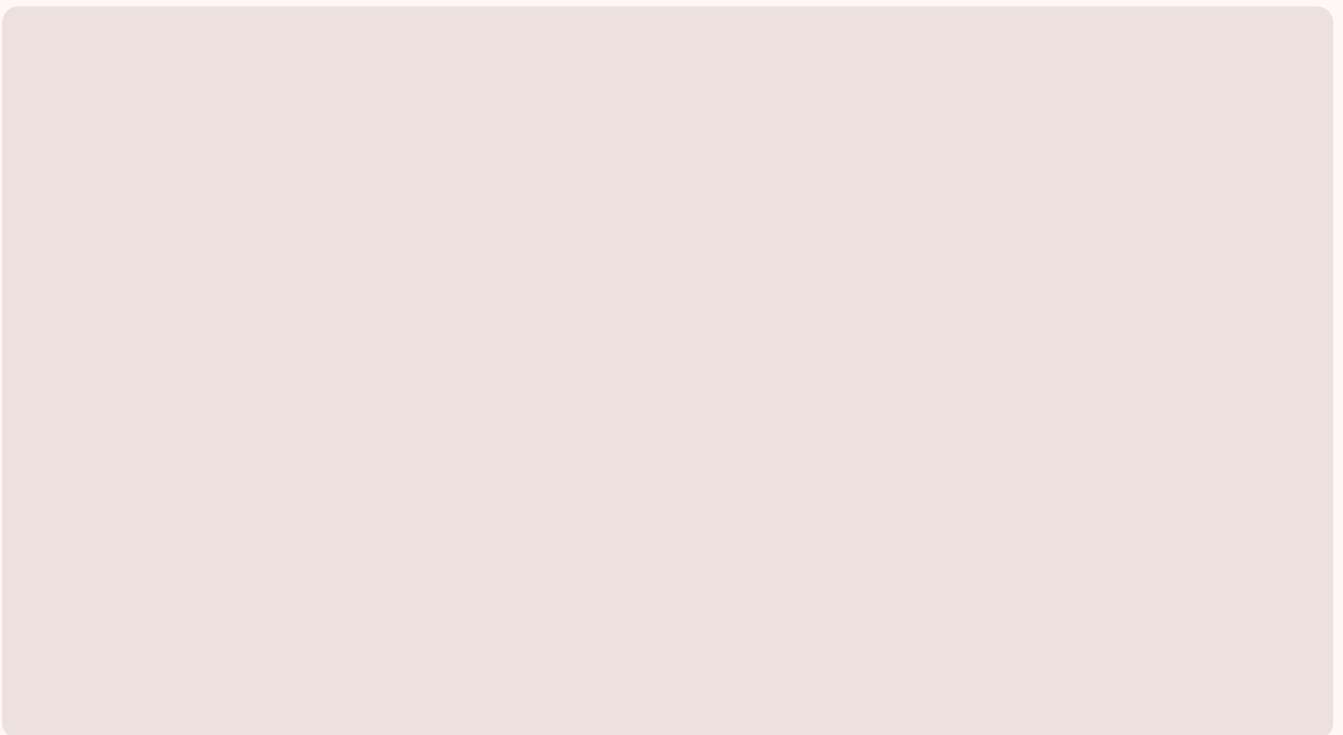
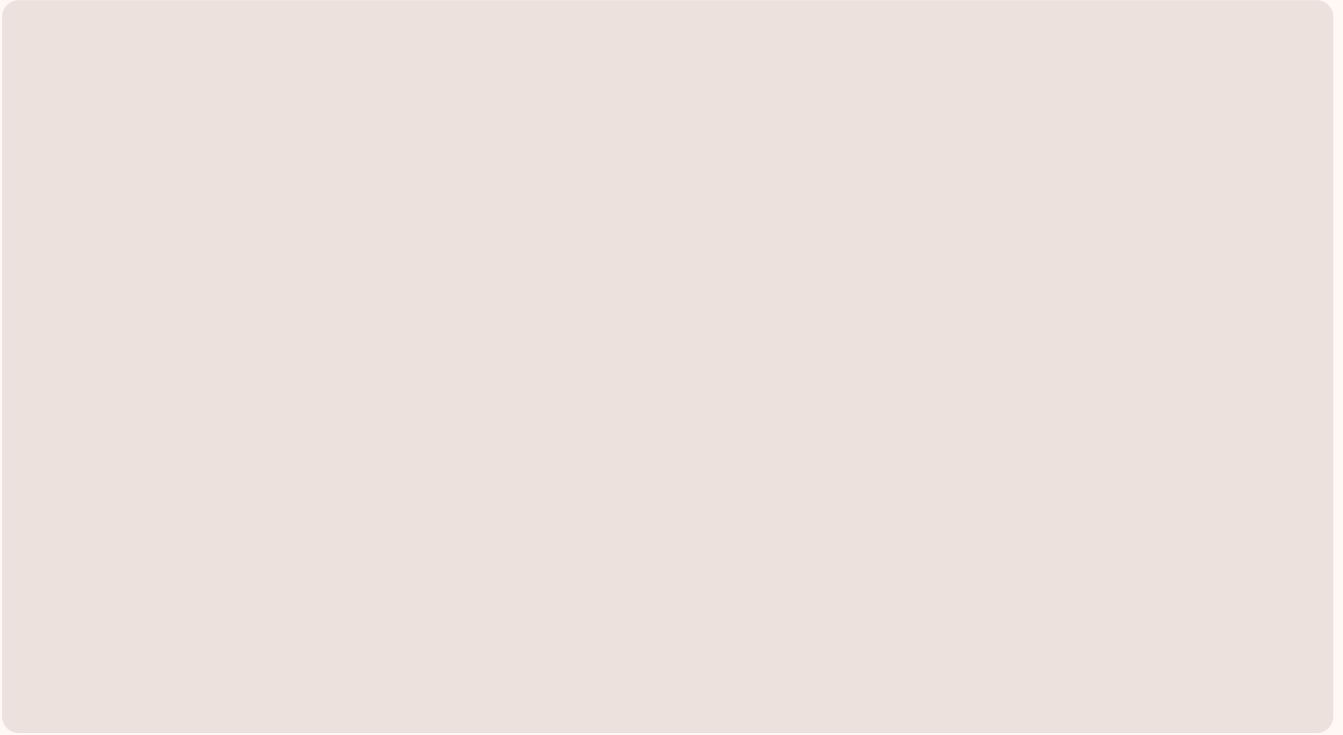


# MY SCORE

<b>GOAL</b>	<b>SATISFACTION LEVEL (1-10)</b>

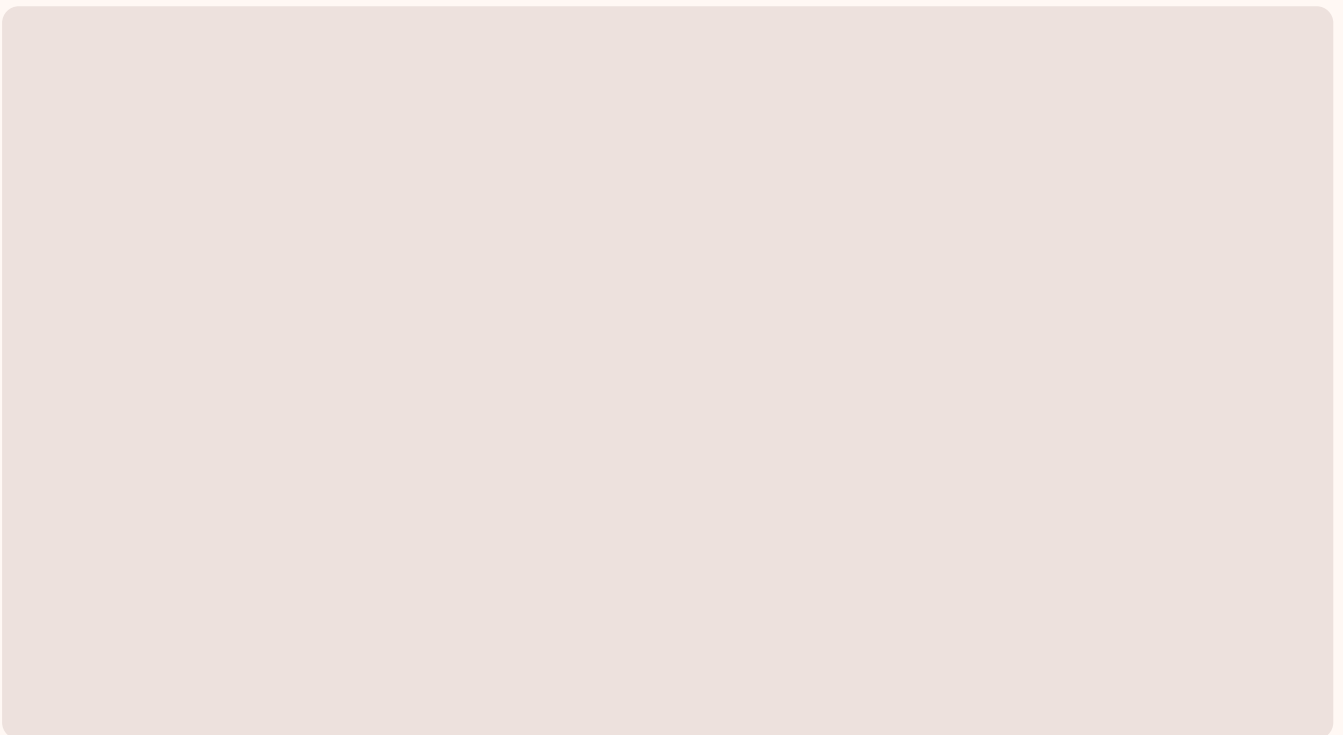
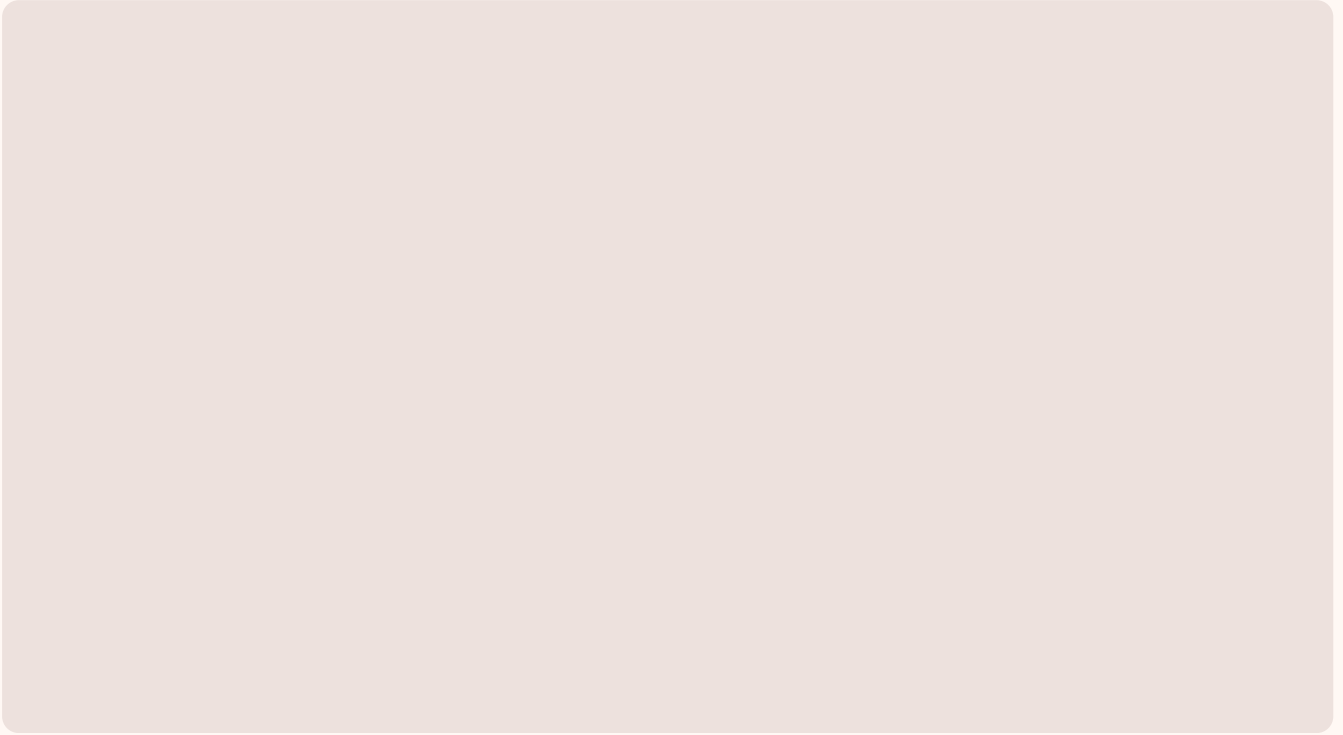


# HOW TO IMPROVE MY SCORE



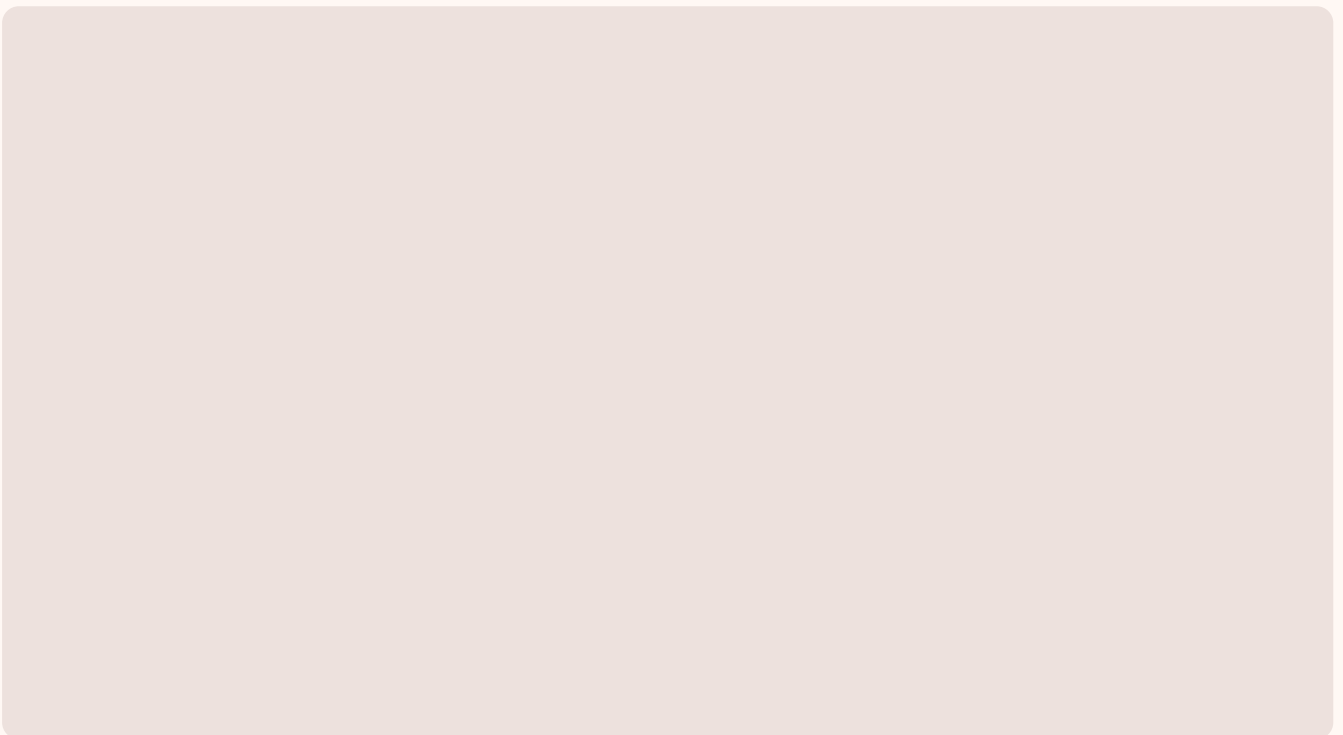
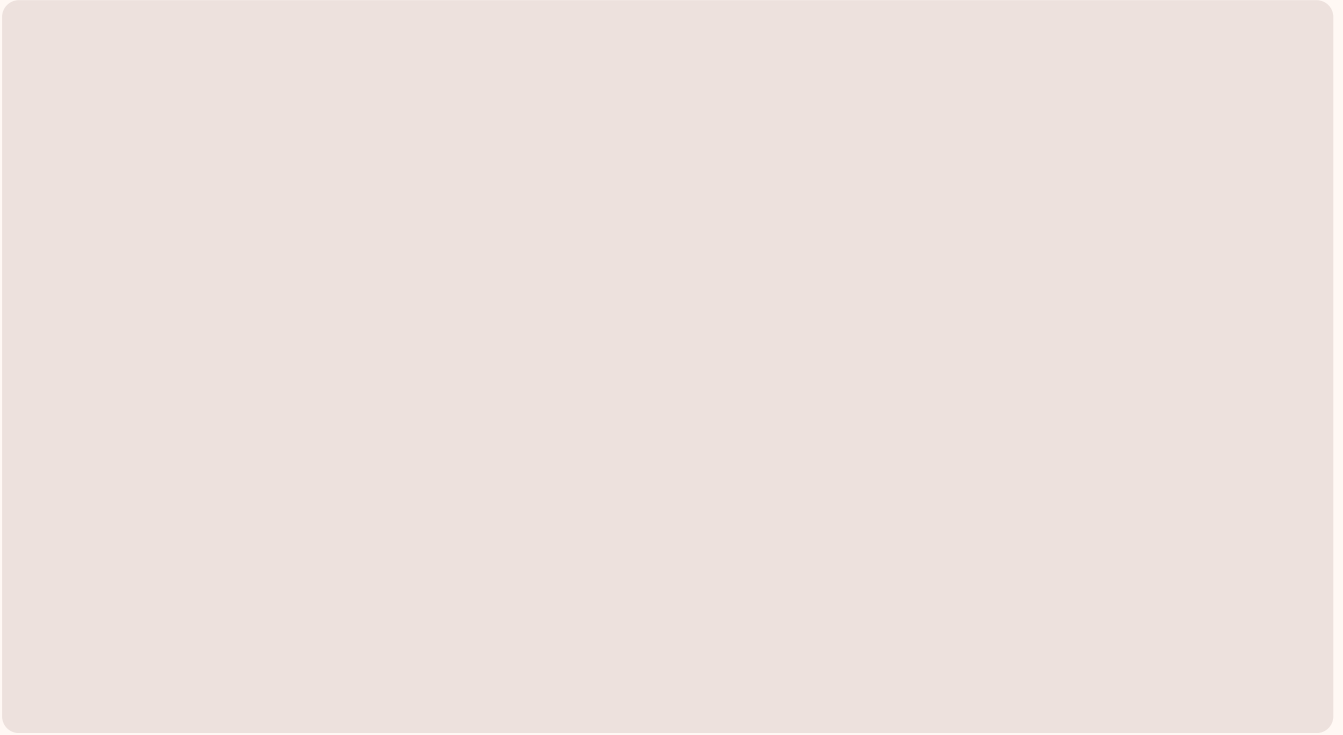


# HOW TO IMPROVE MY SCORE



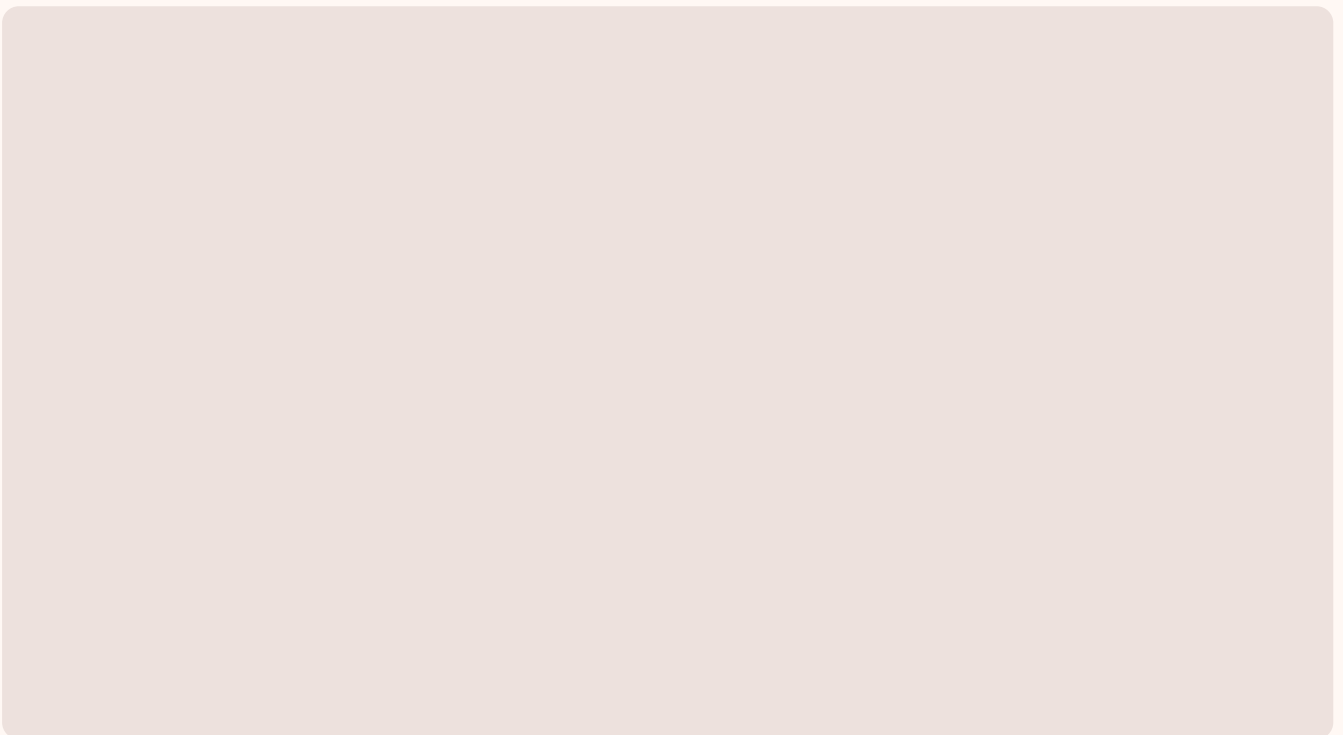
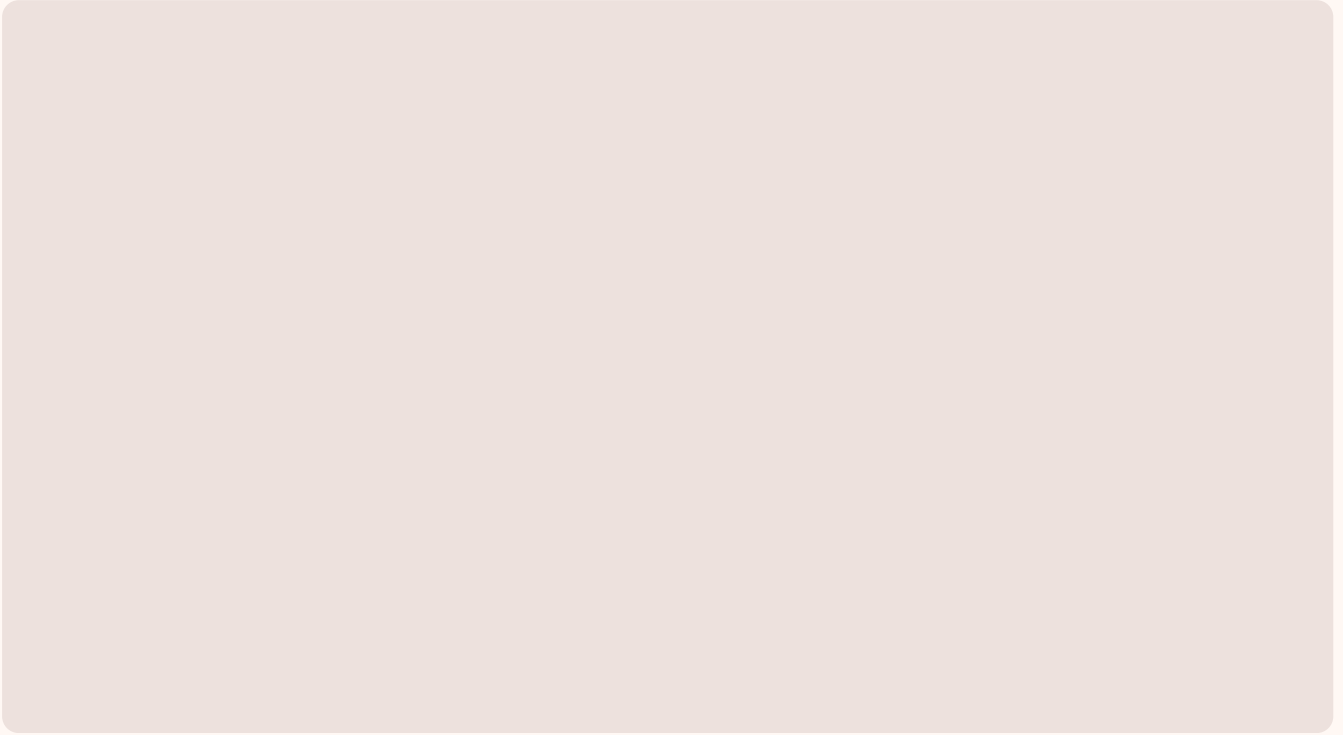


# HOW TO IMPROVE MY SCORE





# HOW TO IMPROVE MY SCORE



# MY TOP 8 GOALS



A large, empty rectangular box with rounded corners, intended for writing the first four goals.

A second large, empty rectangular box with rounded corners, intended for writing the remaining four goals.





# MY TOP 8 GOALS



A large, empty, light beige rectangular box with rounded corners, intended for writing the first goal.

A second large, empty, light beige rectangular box with rounded corners, intended for writing the second goal.



# MY TOP 8 GOALS



A large, empty rectangular box with rounded corners, intended for writing the first four goals.

A second large, empty rectangular box with rounded corners, intended for writing the remaining four goals.



# MY TOP 8 GOALS

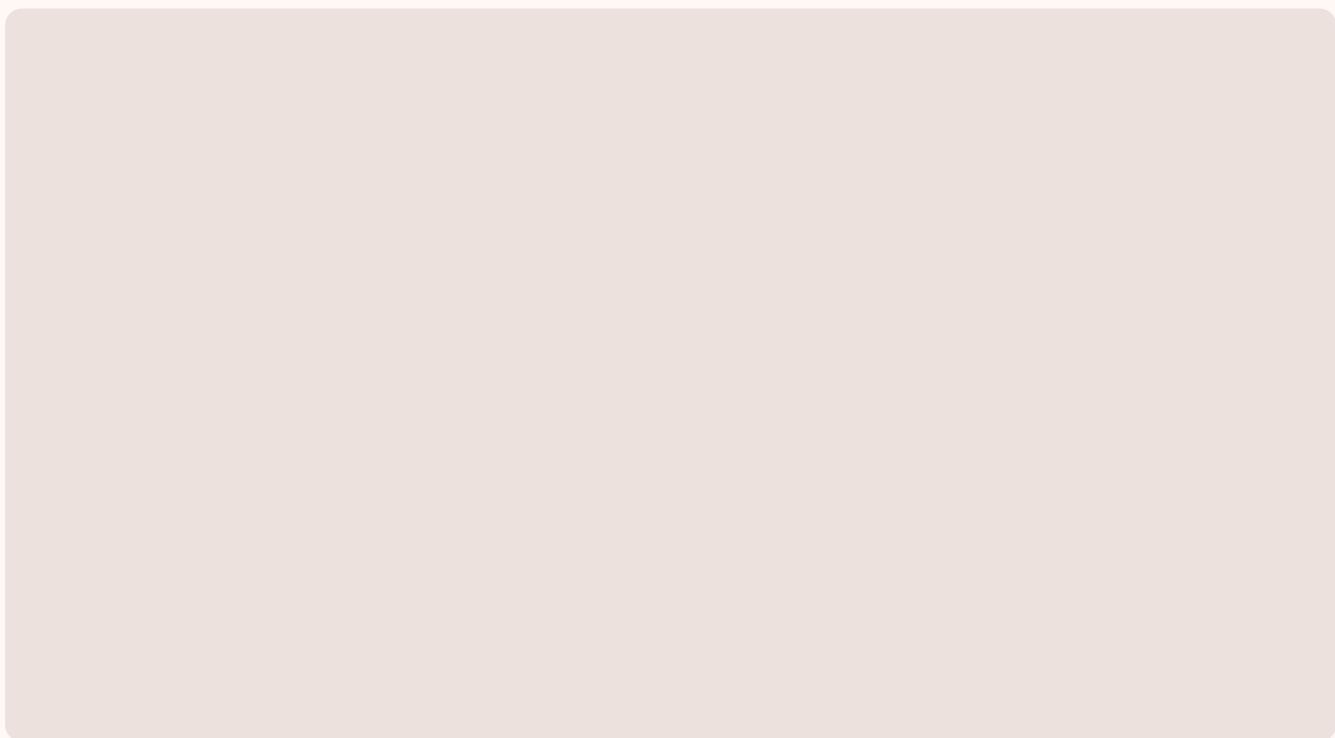
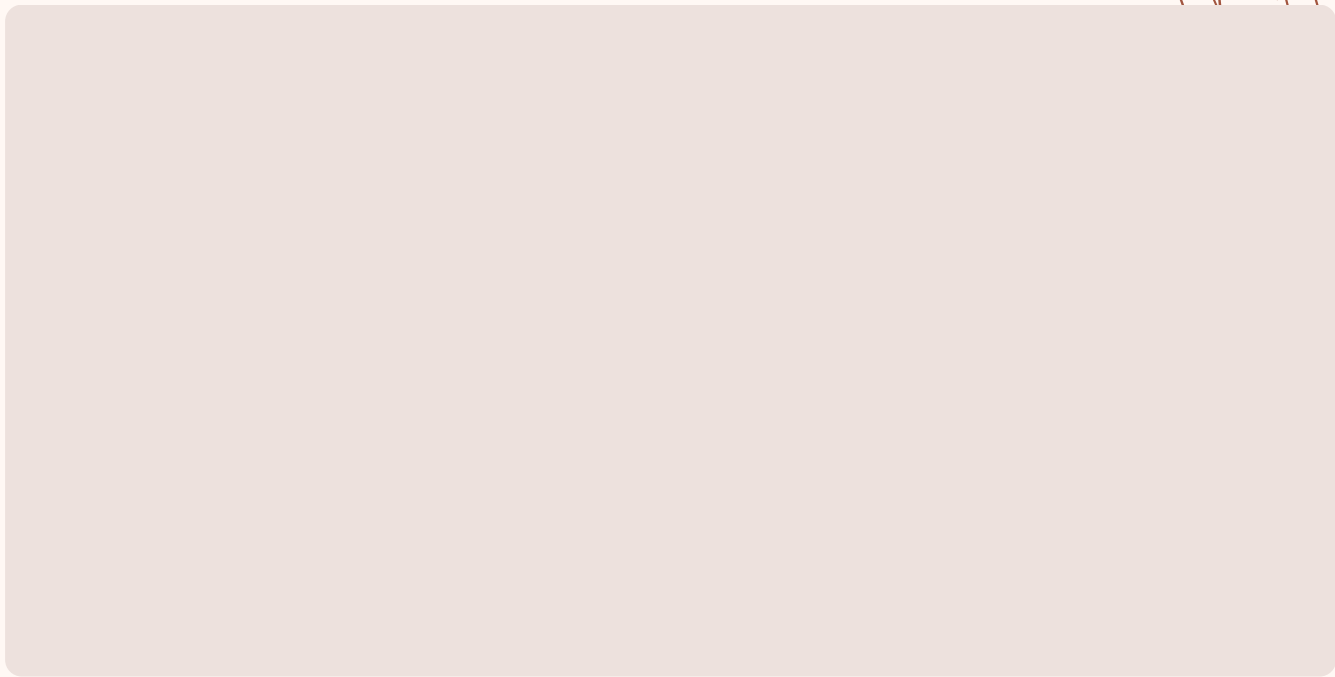


A large, empty rectangular box with rounded corners, intended for writing the first goal.

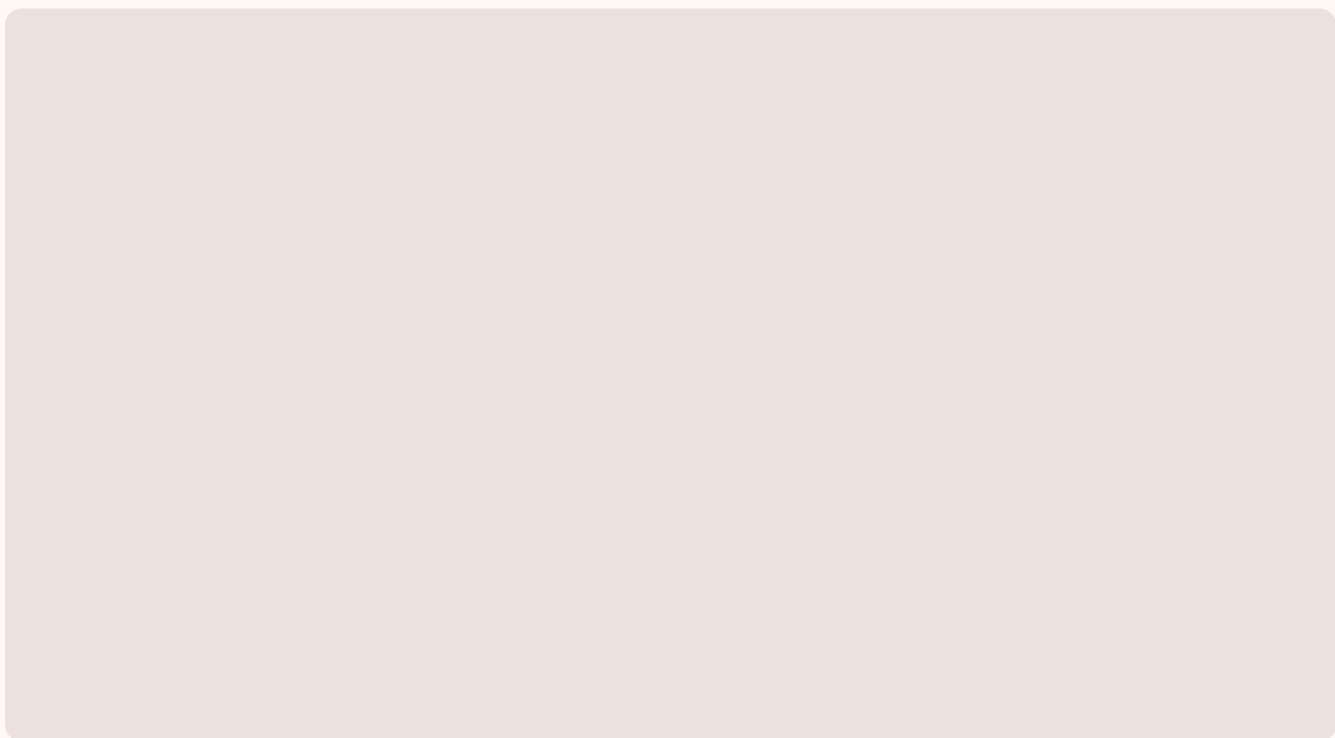
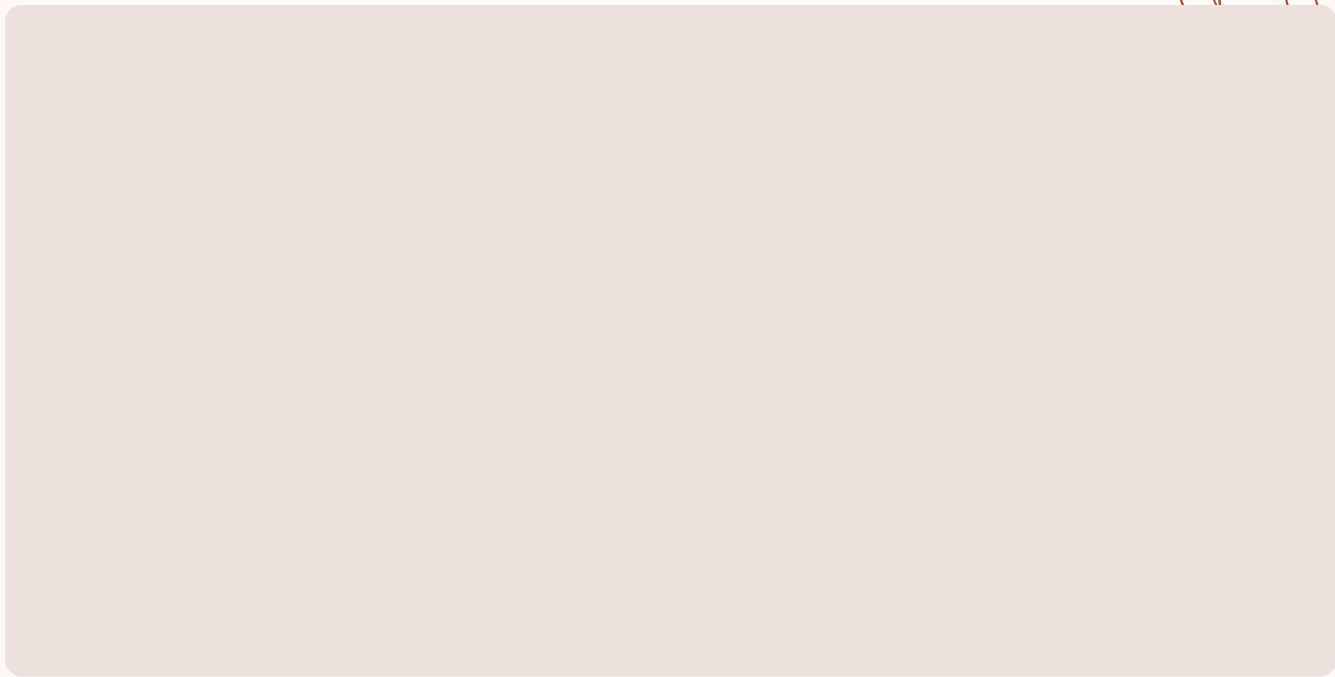
A second large, empty rectangular box with rounded corners, intended for writing the second goal.



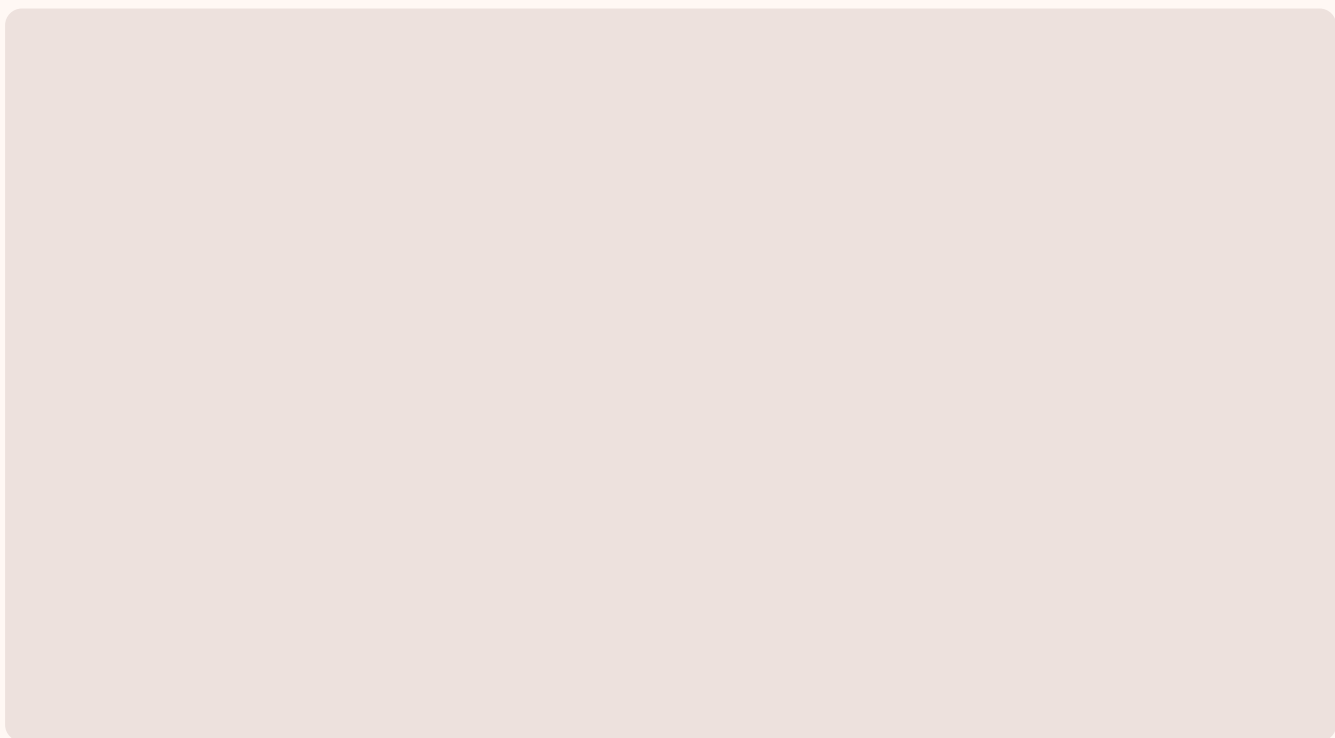
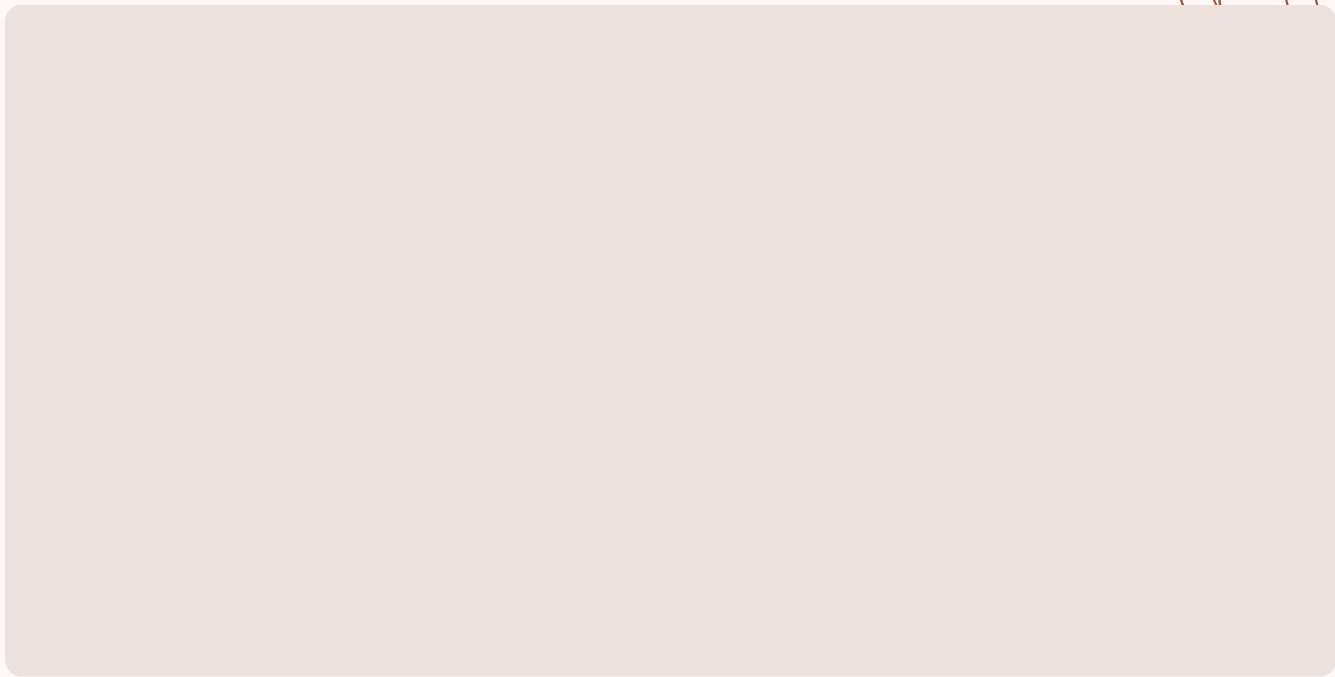
8A X 30D



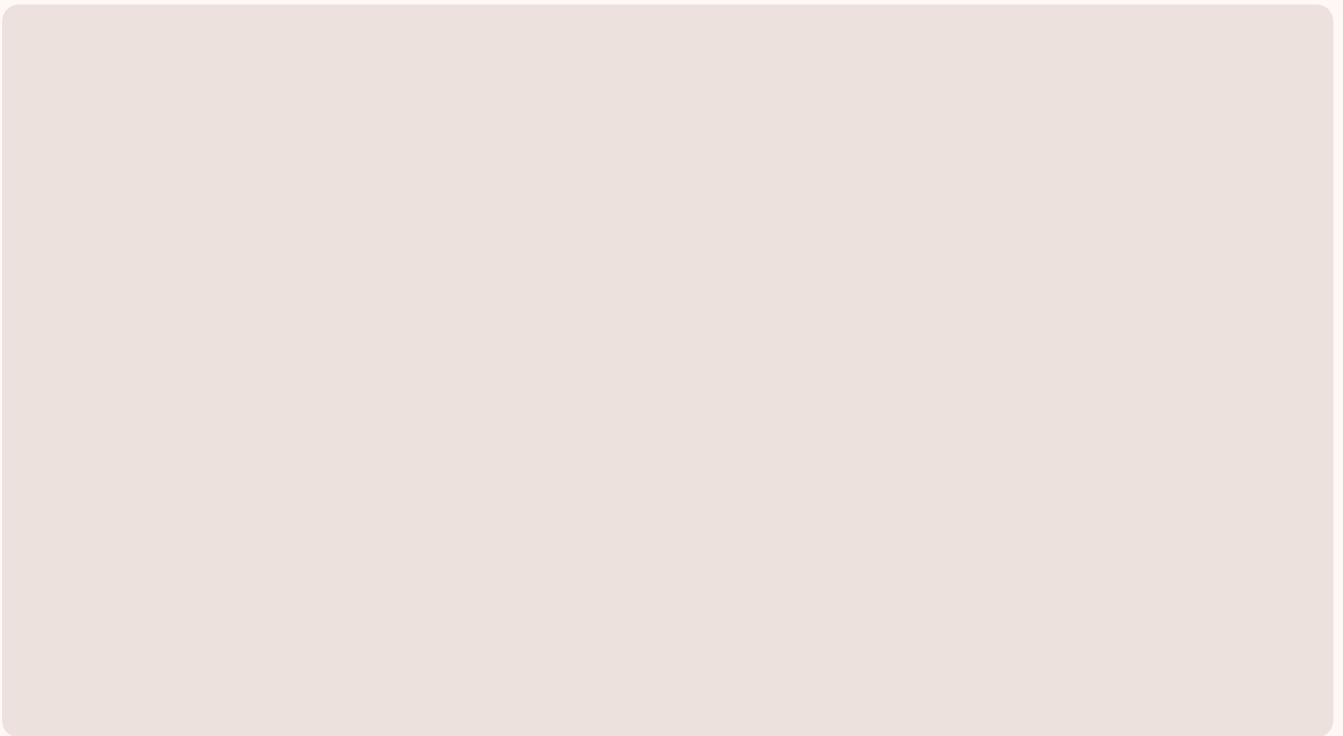
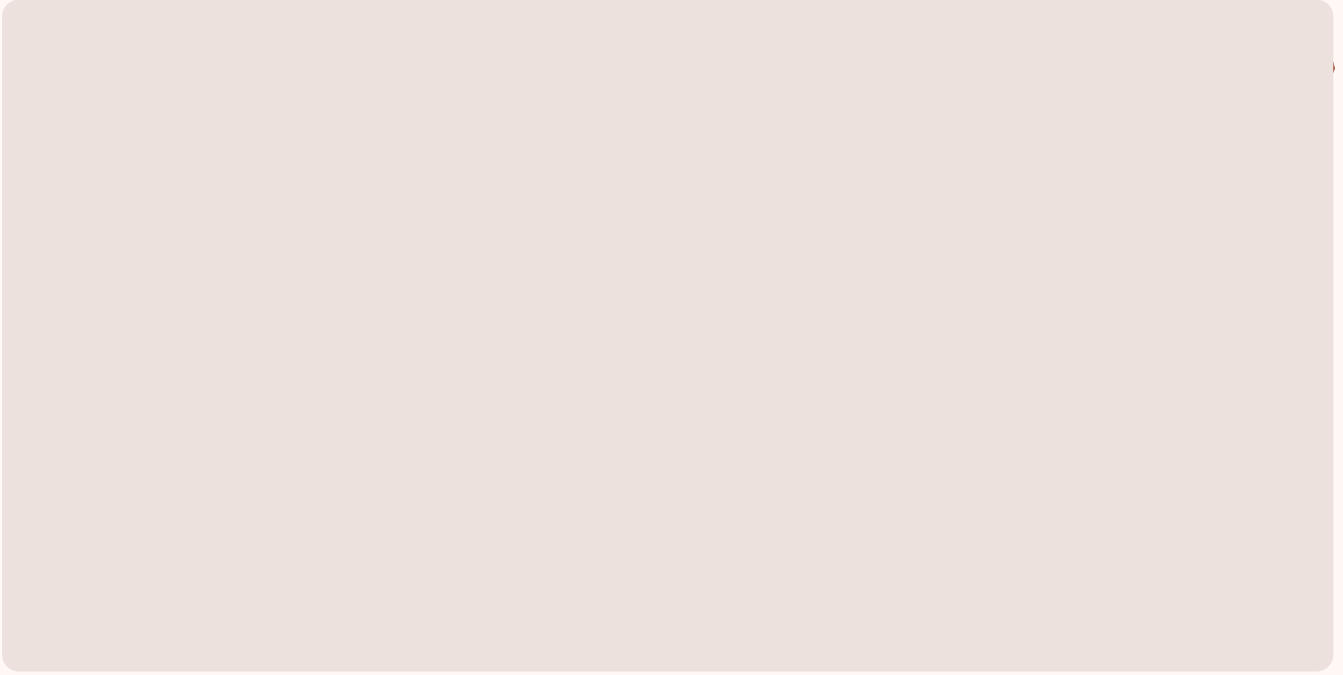
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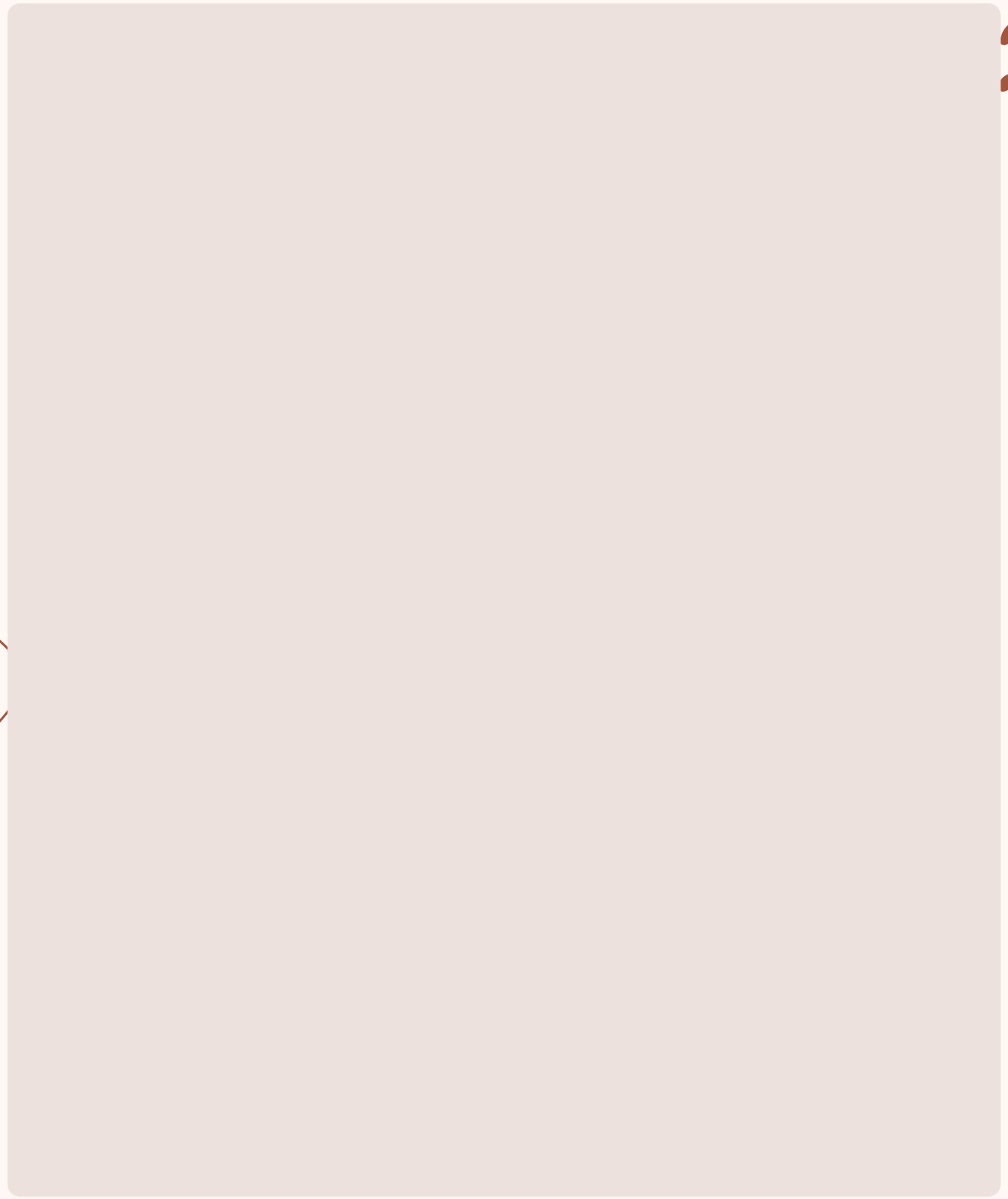
8A X 30D



8A X 30D

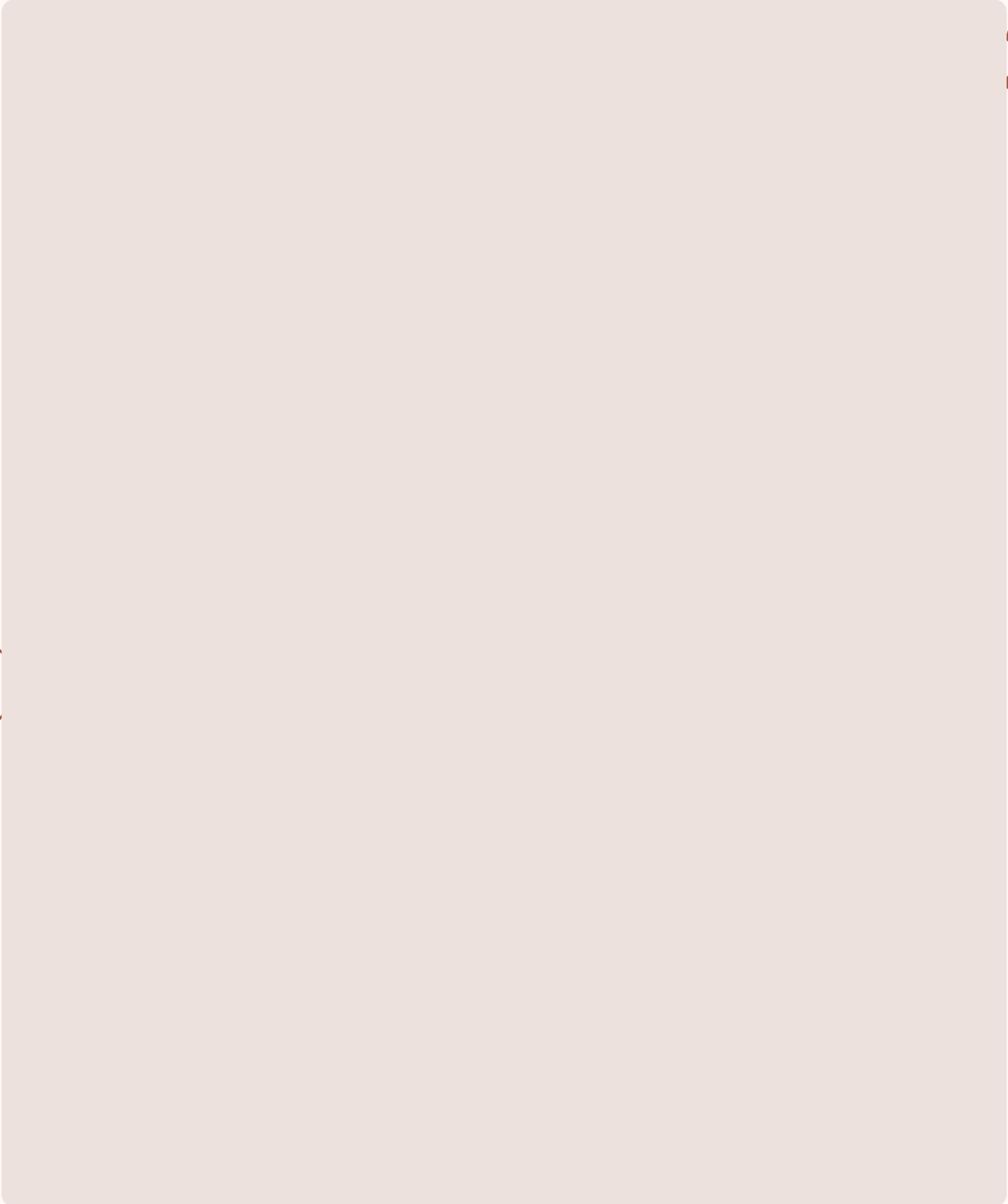


# ENERGIZE





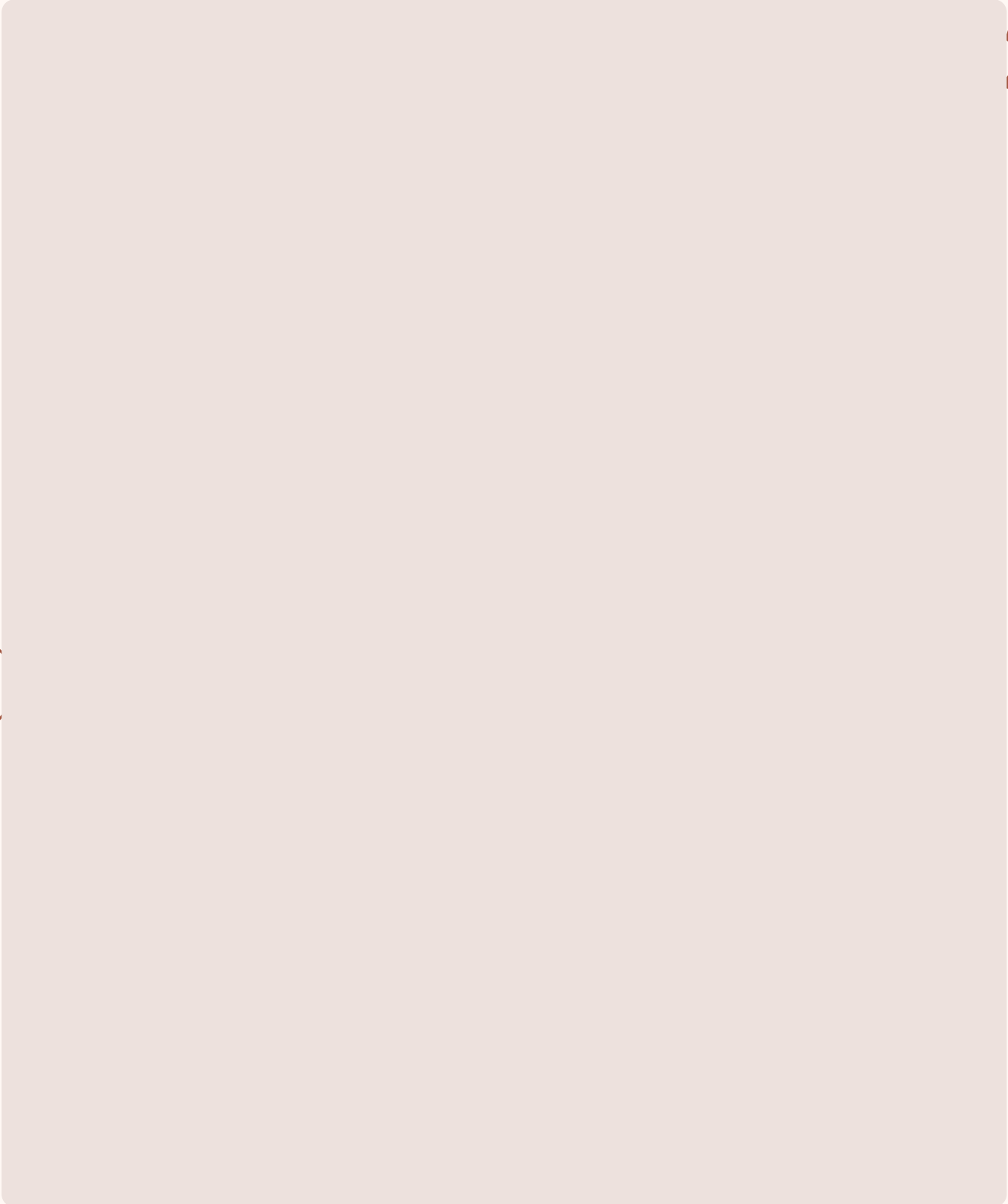
NOTES:



NOTES:



# NOTES:



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